# BREAKFAST





### **CHAMPAGNE BREAKFAST FOR TWO**

### 995

# **CONTINENTAL BREAKFAST (V)**

95

- Bottle of Laurent Perrier, Brut NV
- Fresh orange, pineapple, grapefruit or juice of the day
- · Selection of seasonal berries and carved seasonal fruits
- Baker's basket of Danish pastries, croissants, muffins and white or brown toast
- · Low calorie yoghurt, natural or fruit flavored
- Truffled scrambled eggs with smoked salmon

or

- · Classic poached eggs Benedict with English muffin
- Freshly brewed coffee or Fairmont signature teas

- Fresh orange, pineapple, grapefruit or juice of the day
- · Carved seasonal fruits
- Cereal with full cream, skimmed or soya milk
- · Low calorie yoghurt, natural or fruit flavored
- Baker's basket of Danish pastries, croissants, muffins and white or brown toast
- · Freshly brewed coffee or Fairmont signature tea

# **ENGLISH BREAKFAST**

135

- Fresh orange, pineapple, grapefruit or juice of the day
- Baker's basket of Danish pastries, croissants, muffins and white or brown toast
- Two eggs cooked any style; served with chicken sausage, crisp beef bacon, grilled tomato, asparagus, hash browns and sautéed mushrooms
- Freshly brewed coffee or Fairmont signature teas

# ARABIC BREAKFAST 135 • Fresh orange, pineapple, grapefruit or juice of the day · Carved seasonal fruits and dates, labneh, grilled halloumi, feta, hummus • Sliced tomato and cucumber, marinated olives, Arabic mixed pickles • Foul medames, shakshouka - scrambled eggs with onion and tomato served with grilled tomato, asparagus hash browns and sautéed mushrooms • Arabic bread, Hallawa (N) • Freshly brewed coffee or Fairmont signature teas WELLNESS BREAKFAST / 120 • Fresh orange, pineapple, grapefruit or juice of the day · Sliced seasonal fruits and berries • Low fat Bircher muesli with grated apple and almonds (N) · Egg white omelette with grilled tomato, asparagus, steamed spinach, roasted nut and pumpkin seed bread (N)

Freshly brewed coffee or Fairmont signature teas

# FRUITS AND YOGHURTS Sliced seasonal fruit plate with cottage cheese (V) Selection of seasonal berries (V) Yoghurt - natural or fruit flavoured (V) Yoghurt and granola parfait with berry compote (N) (V) 55

	THE BAKERY		Cereals can be served with seasonal berries	18
	Croissant: plain, chocolate, almond or zaatar	16 each	or fresh fruits	10
	Danish pastries: cherry and cream cheese, apple crumble, apricot, pineapple, blueberry,	16 each	Granola with natural yoghurt or milk (N) (V)	50
	seasonal fruit		Bircher muesli with grated apple and almonds (N) (V)	50
	Muffins: blueberry, double chocolate, raspberry and yoghurt, orange and chia seed, pear & almond	16 each	Hot oatmeal porridge with cinnamon, raisin and brown sugar Served with milk or cream (V)	50
	Baker's basket, your selection of any three Served with two slices of toast	48	FRENCH TOAST, WAFFLES AND PANCAKES	
Plain, chocolate or almond croissant, Danish pastries, brioche, muffins, doughnut or banana bread		Brioche French toast with cinnamon sugar, peach compote and maple syrup	75	
	Toast selection White, whole wheat, grain or rye bread served with butter, assorted jams and honey	32	Buttermilk pancakes with berry compote, whipped cream and maple syrup	75
	Toasted bagel with cream cheese	45	Waffles served with maple syrup, berry compote and whipped cream	75
	HOT AND COLD CEREALS		Add crispy beef or turkey bacon or chicken or veal sausage	16
	Choice of cereals: Cornflakes, All Bran, Rice Krispies, Coco Pops, Frosties or muesli Served with full cream, skimmed, almond milk or soya milk	45	or vear sausage	

THE DAILEDY

# **EGGS AND OMELETTES**

Two eggs cooked any style; fried, sunny side up, over easy, scrambled, poached or boiled	75
Eggs Benedict or Florentine, classic with turkey ham or spinach and Hollandaise sauce, on a toasted English muffin	80
Poached eggs on whole grain toast with smoked salmon, steamed asparagus and grilled tomato, served with cottage cheese	85
Three egg omelette served plain or with your choice of vegetables, cheese, turkey ham	85

All egg dishes (except Lifestyle options) are accompanied by grilled tomato, hash browns, grilled asparagus and sautéed mushrooms with

your choice of chicken, veal sausages, beef or turkey bacon

# ARABIC BREAKFAST FAVOURITES

Arabic cheese platter (V) Halloumi, Nabelsiya, Feta, Moshall	50
Labneh (V) Hung yogurt, dried mint	38
Chef selection of manakish Lamb safiha, cheese, zatar	40
Grilled halloumi (V) Cucumber, tomato and pickles	4
Shakshouka Scrambled eggs, onion, capsicum and tomato	50
Foul medames (V) Tomato, onion, parsley, and cumin	50

# **BREAKFAST FAVOURITES**

Cheese platter (N) (V) International breakfast cheese plate with honey, fig jam and fruitbread	70
Charcuterie plate Smoked and cured meats, imported cheeses with pickles and mustard	80
Croissant and scrambled egg sandwich with crushed avocado, brie and tomato Served with hash brown, grilled tomato, grilled asparagus and sautéed mushrooms	75
Baked beans (V) Stewed in thick tomato sauce, whole grain country toast	45
Smoked salmon with bagel Toasted bagel, cream cheese, capers, red onions	85
BREAKFAST TO-GO	

Breakfast bag: freshly baked croissant, muffin

of the day, individually portioned breakfast cheese, Bircher muesli cup and bottled juice selection (N) (V)

# **BREAKFAST BEVERAGES**

Espresso	28
Double espresso	32
Individual French press coffee / Decaffeinated	32
Turkish coffee	28
Cappuccino	32
Café latté	32
lced coffee Espresso Freddo, Latté Freddo	32
Chocolate Hot chocolate, iced chocolate	32

85

# TEA SELECTION 27

Chamomile
Earl Grey
English Breakfast
Japanese Green Tea Sencha
Jasmine Blossom
Masala Chai
Moroccan Mint
Peppermint
Rosehip and Hibiscus Infused

# AFTERNOON TEA 155

(IN THE COMFORT OF YOUR BALCONY)
Daily, 12pm to 6pm

Afternoon tea started in the mid - 1800s by the Duchess of Bedford. It is believed that the Duchess found herself with a "sinking feeling", during the long wait between meals, and decided to have some friends over for assorted snacks and tea, a very fashionable drink at the time. The idea of an afternoon tea gathering spread across and became a favorite pastime of ladies of leisure. Two centuries later, afternoon tea remains a strong tradition at the Fairmont. Our Afternoon tea is inspired by the English, Scottish and Welsh tea traditional accompaniments prepared and presented in a unique way with the finest fresh ingredients. We invite you at Fairmont The Palm to indulge in this beautiful experience with our house made sandwiches, assorted pastries, scones and our very own selection of Fairmont Teas.

# A LA CARTE DINING



### APPETIZERS AND SALADS

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Caesar salad Hearts of Romaine lettuce tossed with beef	80
bacon, garlic croutons and Caesar dressing With chicken With grilled prawns (4 pieces) (S)	90 95
Caprese salad (V) (N) Vine ripened tomatoes, buffalo mozzarella, olive oil and basil	85
Greek salad (V)  Tomato, cucumber, feta cheese, capsicum and pitted oliv	<b>75</b> //es
Cold smoked salmon Crème fraîche, capers, red onions and crostinis	75
Tiger prawn cocktail (S) Marie rose sauce, quail eggs, baby gem, melba toast	95
Chicken tikka Tandoori vegetables and mint chutney	80
Thai chicken satay (N) With peanut sauce	80
Vegetable spring rolls (V) Sweet chili sauce	70
Chicken and mushroom croquettes	75

# CREATE YOUR OWN SALAD

**VEG 65 | NON VEG 85** 

Choose one item from each category and have our chefs delight you

## Salads

Mixed lettuce, romaine leaves, baby spinach, roquette

# Vegetable condiments

Asparagus, tomatoes, avocado, cucumber, black olives, artichoke hearts, marinated roasted peppers, red onion, garlic croutons

# Non vegetable condiments

Poached prawns, grilled chicken, smoked turkey, feta cheese, buffalo mozzarella, smoked salmon

# **Dressings**

Extra virgin olive oil, balsamic, Caesar, thousand islands, ranch, herb vinaigrette, blue cheese

SOUPS Lentil soup (V)	52	SANDWICHES AND BURGERS Served with French fries and side salad	
Puree of red lentil, onion and garlic, toasted Arabic bread	52	Clubhouse sandwich Roasted chicken, beef bacon, fried egg, cheddar,	90
Roasted tomato soup (V) With basil pesto and toasted croutons	52	lettuce, tomato and mayonnaise	00
Harrira soup Moroccan lamb soup with vermicelli and lentils	52	BLT sandwich Beef bacon, lettuce, tomato and mayonnaise on toasted farmhouse white bread	80
Chicken noodle soup Chicken broth, vegetables and noodles	52	Beef pastrami sandwich Coleslaw, Gruyère, German spice bread	80
Roasted butternut pumpkin soup (V)	52	Chicken shawarma sandwich Arabic bread, garlic sauce and mixed pickles	85
French onion soup Cheese croute	52	Vegetable panini (V) Grilled Mediterranean vegetables, black olive tapenade,	80
BUILD YOUR OWN SANDWICH VEG 80   NON VEG 90		goat cheese, tomato jam	
Choose one item from each category and have our chefs delight you		Grilled beef burger or cheese burger Lettuce, tomato, onion, mustard, mayonnaise, gherkin	100
Breads White, brown, rye, baguette, ciabatta		Falafel pita sandwich (V) Roquette, tomato, tahina sauce and mixed pickles	80
Vegetable condiments  Avocado, tomato, shredded lettuce, cucumber, marinated roasted peppers, semi dried tomatoes, red onions	d		

(V) Vegetarian, ( ) Lifestyle cuisine, (S) Contains Shellfish, (N) Contains Nuts Please advise of any dietary requirements or allergies and our chefs will be delighted to assist. All prices are in Dirhams and are inclusive of 7% Municipality Fee, 10% Service Charge & 5% VAT.

Non vegetable condiments

turkey ham, chicken

Sliced cheddar cheese, tuna mayonnaise, smoked salmon,

PASTA		INTERNATIONAL MAIN COURSES	
Spaghetti or penne pasta Your choice of Bolognese, tomato (V), arrabiata (V), rosé (V) or cream sauce (V)	90	Fish & chips Rémoulade sauce and smashed peas with malt vinegar	120
Healthy whole wheat penne pasta (V)	90	Traditional beef lasagna	95
Broccoli, tomato, garlic, chilli flakes and olive oil	90	Braised lamb shanks Mashed potato, mushroom and beef bacon ragout, asparagus	135
Seafood spaghetti (S) Mixed seafood in rosé sauce	120	Kung pao chicken (N) With red chilli, cashew nuts and jasmine rice	115
PIZZA		Stir fried sweet and sour with pineapple, bell peppers	
Margherita (V) Fresh tomato, mozzarella, basil	85	and jasmine rice Prawns (S) Chicken	125 115
Quattro formaggi (V) Mozzarella, Fontina, Gorgonzola, Asiago	90	Thai green or red curry with jasmine rice	113
Beef pepperoni Mozzarella, tomato sauce	90	Shrimp (S) Chicken Vegetable	125 115 95
Prawn (S) Mozzarella, parsley, tomato, pink peppercorn	95	Nasi goreng (S)(N) Indonesian stir fried rice with chicken and shrimp,	120
Quattro stagioni Mushroom, artichoke, pepperoni, tomato basil	90	prawn crackers, condiments	

Indian vegetable curry (N) (V) Tossed in onion tomato gravy, served with Indian bread, pilaf, poppadum and condiments	95	Moutabel (V) Smoked eggplant, tahina	38	
Dal makhani (V) Indian bread, pilaf, poppadum and condiments	85	Tabbouleh (V) Chopped parsley, mint, tomato, cracked wheat	38	
Paneer jalfrezi (N) (V) Indian cottage cheese tossed with onion, tomato and capsicum,	95	Warak enab (V) Rice filled braised vine leaves	38	
served with Indian bread, pilaf, poppadum and condiments  Butter chicken (N)	110	Mohammara (N) (V) Roasted pepper, walnut purée	38	
With Indian bread, pilaf, poppadum and condiments	110	Babaghanouj (V) Roasted eggplant, tomatoes, onion, peppers, parsley	38	
Biryani (N) Raita, poppadum, mint and mango chutney Lamb Chicken Vegetable (V)	120 110 95	Fattoush salad (V) Romaine, cucumbers, tomatoes, onions, radish, mint, crisp Arabic bread, sumac vinaigrette  HOT MEZZEH	38	
ARABIC FAVOURITES  COLD MEZZEH		Cheese sambousek (V) Golden fried pastry filled with Akawi cheese	38	
Hummus (V) Chickpea purée, tahina, lemon	38	Spinach fatayer (V) Golden fried pastry filled with spinach	38	
Labneh (V) Hung yoghurt, dried mint	38	Kebbeh (N) Fried lamb & bulgur dumplings with pine seeds	38	

Chicken wings Chili, lemon, coriander	38	CHOOSE YOUR OWN GRILL	
Meat sambousek (N) Golden fried pastry filled with minced lamb	38	Selections are served with asparagus and tomato confit, item from each category and have our chefs delight you.	choose one
Falafel (V) Crispy chickpea dumpling	38	<b>Grill items</b> Australian lamb cutlets Tenderloin steak	165 210
Grilled halloumi (V) Halloumi cheese with cherry tomatoes & pickles	38	Sirloin steak Ribeye Chicken breast	195 195 150
Chilled Arabic mezzeh sampler (V) (N) Hummus, babaganoush, beetroot moutabel, tabouleh and marinated olives	130	King prawns (S) Sea bass Salmon fillet Tuna steak	180 165 165 175
Hot Arabic mezzeh sampler (N) Cheese sambousek, kebbeh, spinach fatayer, falafel, lamb sambousek and glazed chicken wings  ARABIC ENTREES	130	Side dishes French fries, mashed potato, grilled mushrooms, m grilled vegetables, steamed vegetables, steamed ba steamed or sautéed spinach	xed salad,
Arabic mixed grill (N) Shish taouk, shish kebab, lamb kofta, lamb arayes, lamb cutlet, vermicelli rice	180	Sauce Veal jus, pepper, béarnaise, lemon herb butter, garlic butter	
Seafood mixed grill (N) (S) Prawn, half Canadian lobster tail, sherry fish, scallop, calamari, sayadieh rice	225	Healthy choices Ask for healthy fish preparation of poached, steame without any fat	d or grilled
Daoud basha (N) Lamb meatballs in tomato sauce, vermicelli rice	130		

# **DESSERTS**

Carrot cake Carrot sponge, cream cheese frosting	55
Tiramisu Mascarpone cream, lady finger biscuit, espresso coffee	55
Decadent chocolate cake Moist chocolate sponge, Bellagio ganache	55
Baked blueberry cheesecake	55
Sticky toffee date pudding Toffee sauce, vanilla ice cream	55
Baked Umm Ali with mixed nuts topping (N)	55
Ice cream Vanilla, chocolate, strawberry, pistachio (N)	20 per scoop
Sorbet Lemon, raspberry, mango	20 per scoop
Seasonal sliced fruits	55

FOR OUR YOUNG GUESTS		Grilled seabass or salmon  Steamed rice, green beans, lemon	60
Tomato soup (V) Creamy tomato and basil	35	Chicken fried rice	48
Chicken noodle soup Clear chicken broth with noodles and vegetables	38	With mixed vegetables  Spaghetti or penne pasta	45
Raw vegetable platter (V) Carrots, cucumber, celery with honey yoghurt dip	30	Cream, tomato or bolognaise sauce  Mac n cheese (V)  Macaroni, cheddar cheese sauce	45
Cheese plate (V) Cheddar cheese and grape skewers	35	Pizza margherita (V) Tomato sauce, mozzarella	40
Garden salad (V) Romaine lettuce, cherry tomato, cucumber, carrot, citrus dressing	30	Pizza pepperoni Beef pepperoni, tomato sauce, mozzarella	45
Kid burger Beef or grilled chicken, cheddar cheese, lettuce, tomato, fries	45	TREATS FOR THE LITTLE ONES	
Grilled cheese sandwich (V) White or multigrain bread, cheddar, fries	38	Triple chocolate brownie and crispy pearl topping	28
Fish fingers Crumbed fish strips, tartar sauce, fries	48	Rice crispy treat and homemade strawberry marshmallow	28
Chicken fingers Crumbed chicken breast strips, fries	55	Giant chocolate bounty macaroon (N)	28
Grilled chicken breast  Mashed notato, buttered carrots and peas	60		